
	<b>INDIAN SCHOOL AL WADI AL KABIR</b>	
<b>CLASS: IX</b>	<b>DEPARTMENT: SCIENCE 2024 – 25</b> <b>SKILL SUBJECT: HEALTH CARE</b>	<b>DATE: 14.11.2024</b>
<b>WORKSHEET NO: 1</b> <b>with answers</b>	<b>UNIT 2: ROLE OF PATIENT CARE</b> <b>ASSISTANT-SESSION1, 2 &amp; 3</b>	<b>NOTE:</b> <b>A4 FILE FORMAT</b>
<b>NAME OF THE STUDENT:</b>	<b>CLASS &amp; SEC: IX -A to IX -I</b>	<b>ROLL NO:</b>

### **MULTIPLE CHOICE QUESTIONS**

1. The Patient Care Assistant should understand the patient's needs and assist with activities in the following appropriate ways. Match the actions accordingly:

1. Bathing and showering	A. setting up food and bringing it to the mouth
2. Bowel and urinary bladder management	B. including washing hair
3. Feeding	C. washing the body
4. Functional mobility	D. recognizing the need
5. Personal hygiene and grooming of patient	E. moving from one place to another while performing activities

- a) 1- C, 2- D, 3- E, 4- A, 5- B  
b) 1- C, 2- E, 3- B, 4- A, 5- D  
c) 1- B, 2- D, 3- A, 4- E, 5- C  
d) 1- E, 2- C, 3- A, 4- D, 5- B
2. Which of the following actions should not be performed when assisting a patient with bathing?
- a) Keep a bath stool  
b) Skin folds need to be kept any

- c) Force the patient to take a bath every day
  - d) Assist them in judging the temperature of the water.
3. Which among the following is not an organization duty of a PCA?
- a) Communicates appropriately using good interpersonal skills
  - b) Participates in performance improvement activities
  - c) Serves, manages, and supports patient and staff members
  - d) Personal hygiene and grooming of the patient
4. What is ADL?
- a) Activities of Day-to-day Life
  - b) Activities of Daily Living
  - c) Assistance in Daily Living
  - d) Assistance in Day-to-day Life
5. How to create a stress-free environment for patients?
- a) Change the routine every day
  - b) Refrain them from doing activities
  - c) Keep pictures of happy days
  - d) Avoid playing music

### **DESCRIPTIVE TYPE QUESTIONS**

1. What are the duties and responsibilities of a PCA?
2. How does the Patient Care Assistant perform administrative support functions?
3. What are five daily tasks where a PCA typically provides support to a patient?
4. What are the various comfort requirements of a patient?
5. What are the key considerations a PCA should keep in mind when assisting a patient with toileting?
6. What are the organizational duties of a PCA?

## ANSWER KEY

MULTIPLE CHOICE QUESTIONS	
1	c) 1- B, 2- D, 3- A, 4- E, 5- C
2	c) Force the patient to take a bath every day
3	d) Personal hygiene and grooming of the patient
4	b) Activities of Daily Living
5	b) Refrain them from doing activities
DESCRIPTIVE TYPE QUESTIONS	
1.	a) Assist professional healthcare staff with performing physical examinations and procedures. b) Maintain Patient Safety Patient's environment including but not limited to the patient's room, examination room or treatment area. c) Perform administrative Support Functions. d) Maintain Necessary Skill and Competencies
2.	a) Medical record duties, including file maintenance and recordkeeping, whenever necessary. b) Supply inventory and ordering are completed according to guidelines. c) Duties, including scheduling diagnostic procedures, meeting and greeting patients, or delivering specific supplies and pharmaceuticals. d) Competency in the use of new equipment.
3.	a) Bathing and showering (washing the body). b) Bowel and urinary bladder management (recognizing the need). c) Dressing d) Feeding (setting up food and bringing it to the mouth). e) Functional mobility (moving from one place to another while performing activities).
4.	1. Temperature of the surrounding air 2. Radiant temperatures of the surrounding surfaces 3. Humidity of the air 4. Air motion 5. Odours 6. Dust 7. Aesthetics 8. Acoustics 9. Room hygiene 10. Sound

	11. Bed comfort 12. Personal hygiene
5.	Timed visits to the bathroom often reduce accidents, watch out for signs of constipation and dehydration and change diet and water intake accordingly, adequate cleaning and hygiene should be maintained in the bathroom, watch the patient to ensure proper wiping, and proper washing of hands and extra undergarments & clothes should be ready in case of soiling.
6.	a) Communicates appropriately using good interpersonal skills b) Serves, manages, and supports patient and staff members c) Participates in performance improvement activities d) Participates as a team member and is accountable for their work responsibilities

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